



JANUARY | 2019

Manchester Local School Breakfast Menu K-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|--|---|--|---|--|
| 31 | 1 Christmas Break | 2 | 3 | 4 |
| 7 WG Super Donut Juice Fruit-Choice ½ Pint Milk-Choice | 8 WG Mini Pancakes w/Syrup Juice Fruit-Choice ½ Pint Milk-Choice | 9 PB&J Bar Juice Fruit-Choice ½ Pint Milk-Choice | 10 Blueberry Muffin Juice Fruit-Choice ½ Pint Milk-Choice | 11 Sausage Gravy & Biscuit Juice Fruit-Choice ½ Pint Milk-Choice |
| 14 Go-gurt Mini Muffins Juice Fruit-Choice ½ Pint Milk-Choice | 15 Breakfast Pizza Juice Fruit-Choice ½ Pint Milk-Choice | 16 Pancake Sausage Wrap w/syrup Juice Fruit-Choice ½ Pint Milk-Choice | 17 Egg Omelet WG Toast Juice Fruit-Choice ½ Pint Milk-Choice | 18 WG Mini Donuts Juice Fruit-Choice ½ Pint Milk-Choice |
| 21 No School MLK Day | 22 Cereal Bar String Cheese Juice Fruit-Choice ½ Pint Milk-Choice | 23 WG Mini Waffles w/syrup Juice Fruit-Choice ½ Pint Milk-Choice | 24 Cinnamon Toast Juice Fruit-Choice ½ Pint Milk-Choice | 25 Egg, Sausage, Toast Juice Fruit-Choice ½ Pint Milk-Choice |
| 28 Ultra Bun Juice Fruit-Choice ½ Pint Milk-Choice | 29 French Toast Sticks w/syrup Juice Fruit-Choice ½ Pint Milk-Choice | 30 Egg and Cheese Biscuit Juice Fruit-Choice ½ Pint Milk-Choice | 31 WG Dutch Waffle Juice Fruit-Choice ½ Pint Milk-Choice | 1 WG Mini Donuts Juice Fruit-Choice ½ Pint Milk-Choice |

Manchester Local School District

*Whole Grain Poptarts, Donuts, & Cereal Offered Daily

Milk Choice-Fat Free
Chocolate, Fat Free Strawberry, or
1% Low Fat White

WG-Whole Grain
➤ Sauces, Dressings, & Gravy are served on the side

Menu is subject to change

This institution is an equal opportunity provider.